

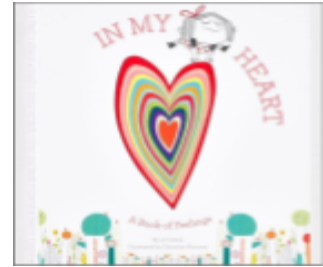
HAUPPAUGE PUBLIC SCHOOLS

BRETTON WOODS ELEMENTARY SCHOOL

1 Club Lane, P.O. Box 6006
Hauppauge, New York 11788

George Gagliardi
Principal

February 2019



Dear Bretton Woods Families, Students and Staff,

We are happy to introduce our Book of the Month selection for February, *In My Heart: A Book of Feelings* by Jo Witek.

In My Heart explores emotions - happiness, sadness, bravery, anger, shyness and more. *In My Heart* lyrically explains what an emotion feels like, physically, inside. For example "When I get really angry, my heart feels like it's going to explode! Don't come near me! My heart is yelling, hot and loud. This is when my heart is mad."

This delightful book covers a wide range of feelings in text easily understood by young children. Children will be empowered by this new vocabulary and able to practice articulating and identifying their own emotions.

The book leaves us with this final thought:

"How does your heart feel?"

We hope you enjoy sharing this book with your students for years to come!

Sincerely,

The BW Speech & OT Teachers

Mrs. Cohen
Mrs. Dicalogero
Mr. Lieberman